



## Health in Justice

# Reconnect, Yorkshire and Humber

Here to help you settle back into the community when leaving prison.



### Supporting you in prison



Once your local reconnect accepts your referral they can start working with you straight away (up to 12 weeks before release).



### Personal support plan

Before your release we can meet with you to create a personal plan for your support.



### Peer support

You can receive one-on-one support from someone who has experience of the criminal justice system.



### Registering with a doctor and dentist

Upon release you may no longer have a GP or dentist or you may have moved out of area. We can help you to sign up with a doctor and/or a dentist, who will support with all health needs including medications.



### Accessing healthcare

We can help you access community healthcare services by working with you to make appointments before and after your prison release. We can go with you to these appointments for up to six months to speak up for you as needed.



# Who can access reconnect?

Anyone with a health need leaving prison or immigration removal centre. We can support people aged 18 or over who are leaving prison, including those on remand and release on temporary license, or who are leaving an immigration removal centre.

## How to access reconnect

### When to refer:

You can be referred up to 12 weeks before your release or up to 28 days after your release.

### Who can refer you:

Talk to your prison healthcare team, substance misuse team or offender managers, and they can refer you.

### Self referrals from:

You, your friends, or family can also contact reconnect services directly to make a referral.

## Contact

**0333 2419701**

**[practiceplusgrp.landdnorthyorkshire@nhs.net](mailto:practiceplusgrp.landdnorthyorkshire@nhs.net)**

Scan for audio:

